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Chapter 61@ DEPARTMENT OF HEALTH AND ENVIRONMENTAL CONTROL

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Subchapter 61-17@ STANDARDS FOR LICENSING NURSING HOMES

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Sec2 61-17.1400@ MEAL SERVICE

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Section 61-17.1400.1406@ Diets (II)

61-17.1400.1406 Diets (II)

A.

All diets shall be prescribed, dated and signed by the physician and be prepared in conformance with physicians' orders giving consideration to individual resident preferences.

B.

The necessary equipment for preparation of resident diets shall be available and utilized.

C.

A diet manual published within the previous five (5) years shall be available and shall address at a minimum: 1. Food sources and food quality; 2. Food protection storage, preparation and service; 3. Meal service staff health and cleanliness; 4. Dietary Reference Intakes (DRIs) of the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences food serving recommendations; 5. Menu planning, including plans appropriate to special needs, for example, diabetic, low-salt, low-cholesterol, or other diets appropriate for the elderly and/or infirm.

1.

Food sources and food quality;

2.

Food protection storage, preparation and service;

3.

Meal service staff health and cleanliness;

4.

Dietary Reference Intakes (DRIs) of the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences food serving recommendations;

5.

Menu planning, including plans appropriate to special needs, for example, diabetic, low-salt, low-cholesterol, or other diets appropriate for the elderly and/or infirm.